

THE POWER OF GRATITUDE

Philippians 4:4-8

- 1) Respond with joy. (v. 5-6)
- 2) Respond with <u>prayer</u> that is filled with <u>gratitude</u>. (v. 6-7)
- 3) Respond with a biblical mindset. (v. 8)

Thank You

Download "The Power of Gratitude" by Mark Canada (11/04/18) free, or share it via email, Facebook, or Twitter at hcbc.com/media. CDs may be purchased at the Lakeline Campus Media Center.

MY APPLICATION

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or small group.

- Share a time in your life when you responded poorly to something or someone. What might you have done differently?
- 2) What are you currently facing that is robbing you of joy? In light of who Jesus is and what He has done, how might your perspective need to change?
- 3) What remedy did Paul give for anxiousness? See Philippians 4:6-7.
- 4) Why should we respond to God with gratitude?
- 5) In Philippians 4:8, Paul emphasizes that what you think about matters. How do your thoughts impact your mindset?
- 6) What are some practical ways to respond to life with a biblical mindset?

MEMORY VERSE

"Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God."

Philippians 4:6