

MADE FOR JOY

GOD, THE JOY GIVER

James 1:16-18

- 1) God is the source of all good gifts.
- 2) We experience infinite joy by mapping the gifts to the Giver.
- 3) We become what we pay attention to.
- 4) Just the act of trying is a win.
- 5) When we pay attention with gratitude, we receive two gifts: life and health.

MY APPLICATION

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or small group.

1. What are some of your favorite good gifts that you experience? List some things that bring you joy.
2. Pick one of those things and map the gift to the Giver (God)? What does that gift tell you about God? Does that increase your joy? (See Psalm 21:1-7)
3. Do you see yourself as one of the best gifts God has given you? What are some things God says about you? (See 1 Peter 2:4-11)
4. If we become what we pay attention to, what are some healthy things you need to start focusing on? (See Proverbs 4:20-22)



MEMORY VERSE

Don't be deceived, my dear brothers. Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows. He chose to give us birth through the word of truth, that we might be a kind of firstfruits of all he created.

James 1:16-18