



## Deepening: Spiritual Habits

**Sermon Points:** John 15:1-11 & Rev 2:2-4

The Church of Jesus — walking as disciples for all our lives.

Cultivate wants to:

- Major on the majors
- Publicly commit to all Jesus calls us to

Vine — Jesus; Gardener — Father; Branches — Us

Good branch = connected to Jesus (v. 2, 3, 4, 5, 7, 9, 10)

Bad branch = disconnected from Jesus (v. 6)

How to stay connected to Jesus?

- Abide is the word, doing is how we abide
- Doing > Knowing

Content consumption is not character formation

Doing > Knowing

Churchy Busy < Relationship with Jesus

Hard Skill = how to job

Soft Skill = how to live

Necessary to have

Nice to have

Praying:

Pull you  
to heaven

Fasting:

His strength;  
your strength

Giving:

His gifts;  
your good

Worshipping:

His heart;  
your heart

### Group Opener:

Tell us about a recent time where the busy-ness of life drained your enthusiasm for the spiritual habits that connect you to Jesus.

### Discussion Questions:

1. How do you distinguish between abiding in Jesus and merely "staying busy" with church/religious activities?
2. Read John 15:9-11, what does it mean to "abide in Christ"?
3. Which spiritual habits are easy for you to engage in? Which are most challenging? Examples would be prayer, worship, giving, meditation, fasting
4. Discuss the phrase "Content consumption is not character formation"
5. Read Rev 2:2-4, how can you return to "the love you had a first"? Which specific actions/habits do you feel God is calling you to?