

# the lifelong *pursuit*

## “Plant”

Group Discussion Guide

August 10, 2025

**Key Scriptures:** Jeremiah 17:9, Romans 12:2, II Timothy 2:4

### Group Opener:

When you were a kid, what was one food your parents tried to get you to eat that you just couldn't stand? Do you still feel the same way?

### Discuss:

1. The sermon compared *shopping the edges of the store* to setting spiritual priorities first, so we avoid filling up on things that are unhealthy. What are some “edges of the store” practices that help you keep your faith healthy?
2. Read Romans 12:2. What does “renewing your mind” look like in everyday life?
3. The message said, “*If a thought is in our head, we tend to think it is true or trustworthy.*” Why can this mindset be dangerous spiritually?
4. This sermon talked about neuroplasticity. How has your mind changed since you began following Christ? Or, if you've been following him longer, how have you seen God change your mind over time?
5. Identify one “surface water” input (media, habit, influence) you will limit this week so you can give more time to the “deep well” of God's Word.

### Pray:

Ask God to renew our minds and help us plant His Word deeply so it shapes our decisions, attitudes, and actions all lifelong.