

# Confidence in Crisis

Psalm 4

*Feel free to use this guide “as is” or formulate it in a way that works best for your online group time this week.*

**Sermon:** Confidence in Crisis

**Text:** Psalm 4

## **Sermon Summary:**

Confidence in God is the absolute best thing during a time of Crisis. As we learn to “turn down our fear and turn up our faith” we’ll understand the importance of having confidence in God. He is the source of joy and peace.

**Discussion Questions:** *These three larger questions will drive our discussion:*

1. What did the Holy Spirit say to you through Sunday’s sermon and the associated passage?
2. What are you going to do about it?
3. How can others in the group help you and pray for you so you can do what God told you to do?

What did the Holy Spirit say to you through the sermon?

- How are you personally doing during this COVID-19 crisis?
- What are your greatest concerns now and long-term?
- Read Psalm 4.
- In Psalm 4, why does David have so much confidence in God?
- Think of a time in your life when God came through for you in a dramatic way. What is the greatest expression of His faithfulness to us? (Hint – Romans 5:8)

What are you going to do about it?

- Read Psalm 4:3-5 again. What is the choice David must make in his crisis? Are there internal choices that you are struggling with today?
- What would it mean for you to “Offer right sacrifices and trust in the Lord?” (v. 4)
- What things has God done to prepare you for this crisis?
- What things does God want to reshape in you?

How can others in the group help you and pray for you?

- How can others encourage you in what we are facing today?
- Pray for each other about these concerns.

## Scripture Memory:

*"Many are asking, 'Who can show us any good?' Let the light of your face shine upon us, O Lord."*

*Psalms 4:6*

## Applications:

Confidence in God also gives us the ability to get our eyes off ourselves so we can serve others. Here's how we can live out what we've learned this week:

- Pray for your family, neighbors and coworkers that God would comfort them through these difficult times.
- Follow the direction of the CDC and local, state and federal entities. Senior Citizens and other higher-risk category people, please stay home and let others serve you during this time.
- Within the CDC guidelines, you may want to consider some of the following:
  - Initiate a help network in your neighborhood, apartment complex, or workplace. Start an email chain or text thread to connect those who have needs to those who can meet those needs.
  - Go shopping or run errands for an elderly person or someone in need.
  - Do yardwork or clean-up for someone in need of help.
  - You can support local businesses AND those in need by buying food "to go" at local restaurants and giving it to those in need.
- Sign up on the HCBC website resource page to volunteer to serve someone in need at the church: <https://www.hcbc.com/coronavirus/>