

Embrace Contentment Philippians 4:10-23

Contentment is found in the _	, not circumstances or
possessions. (vv. 10-13)	

Generosity brings	and a	(vv. 14-23)
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Embrace Truth:

A life of joy embraces contentment and generosity knowing God supplies us with ______ and _____.

Joy: a steadfast inner delight that depends on who Jesus is rather than on who we are or what is happening around us.

The Philippians story is an ______ of joy.

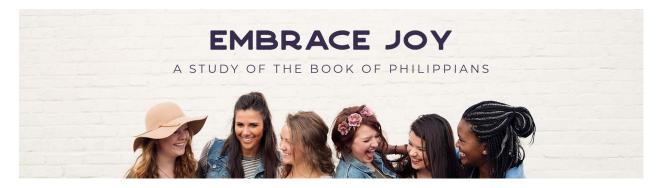
"It would seem that Our Lord finds our desires not too strong, but too weak. We are half-hearted creatures, fooling about with drink and sex and ambition when infinite joy is offered us, like an ignorant child who wants to go on making mud pies in a slum because he cannot imagine what is meant by the offer of a holiday at the sea. We are far too easily pleased." - C.S. Lewis, The Weight of Glory, and Other Addresses

Embrace Truth:

God is re-writing your _____ into a _____

Discussion Questions:

- 1. What stuck out to you from today's lecture?
- 2. Let's take a look at the homework. What were some key take-aways for you?
- 3. To what extent is joy the emotional response to contentment?
- 4. Where do people look for contentment? What brings you contentment?
- 5. What is the secret of contentment? In what ways have you already learned this? In what ways do you still need to learn this?
- 6. Share about a time when someone was generous with you?
- 7. How could a daily attitude of generosity impact your joy? What's something generous you could do this week?
- 8. How have you seen God re-writing your narrative into a story of joy?
- 9. How has the whole letter of Philippians encouraged you to embrace joy? What are you challenged to take away as we finish our study?



Embrace Contentment Philippians 4:10-23

Contentment is found in the <u>all-sufficiency of Christ</u>, not circumstances or possessions. (vv. 10-13)

Generosity brings pleasure to and a promise from God. (vv. 14-23)

Embrace Truth:

A life of joy embraces contentment and generosity knowing God supplies us with <u>His strength</u> and <u>all we need</u>.

Joy: a steadfast inner delight that depends on who Jesus is rather than on who we are or what is happening around us.

The Philippians story is an <u>unexpected story</u> of joy.

"It would seem that Our Lord finds our desires not too strong, but too weak. We are half-hearted creatures, fooling about with drink and sex and ambition when infinite joy is offered us, like an ignorant child who wants to go on making mud pies in a slum because he cannot imagine what is meant by the offer of a holiday at the sea. We are far too easily pleased." - C.S. Lewis, The Weight of Glory, and Other Addresses

Embrace Truth:

God is re-writing your <u>narrative</u> into a <u>story of joy</u>.