

EMBRACE JOY

A STUDY OF THE BOOK OF PHILIPPIANS



Embrace Contentment Philippians 4:10-23

Contentment is found in the _____, not circumstances or possessions. (v. 10-13)

Generosity brings _____ and a _____. (v. 14-23)

Embrace Truth:

A life of joy embraces contentment and generosity knowing God supplies us with _____ and _____.

Joy: a steadfast inner delight that depends on who Jesus is rather than on who we are or what is happening around us.

The Philippians story is an _____ of joy.

“It would seem that Our Lord finds our desires not too strong, but too weak. We are half-hearted creatures, fooling about with drink and sex and ambition when infinite joy is offered us, like an ignorant child who wants to go on making mud pies in a slum because he cannot imagine what is meant by the offer of a holiday at the sea. We are far too easily pleased.”
— C.S. Lewis, *The Weight of Glory, and Other Addresses*

Embrace Truth:

God is re-writing your _____ into a _____.

Discussion Questions:

1. What stuck out to you from today's lecture?
2. Let's take a look at the homework. What were some key take-aways for you?
3. To what extent is joy the emotional response to contentment?
4. Where do people look for contentment? What brings you contentment?
5. What is the secret of contentment? In what ways have you already learned this? In what ways do you still need to learn this?
6. Share about a time when someone was generous with you?
7. How could a daily attitude of generosity impact your joy? What's something generous you could do this week?
8. How have you seen God re-writing your narrative into a story of joy?
9. How has the whole letter of Philippians encouraged you to embrace joy? What are you challenged to take away as we finish our study?

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Embrace Contentment Philippians 4:10-23

Contentment is found in the all-sufficiency of Christ, not circumstances or possessions. (v. 10-13)

Generosity brings pleasure to and a promise from God. (v. 14-23)

Embrace Truth:

A life of joy embraces contentment and generosity knowing God supplies us with His strength and all we need.

Joy: a steadfast inner delight that depends on who Jesus is rather than on who we are or what is happening around us.

The Philippians story is an unexpected story of joy.

“It would seem that Our Lord finds our desires not too strong, but too weak. We are half-hearted creatures, fooling about with drink and sex and ambition when infinite joy is offered us, like an ignorant child who wants to go on making mud pies in a slum because he cannot imagine what is meant by the offer of a holiday at the sea. We are far too easily pleased.”
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Embrace Truth:

God is re-writing your narrative into a story of joy.