

Heads You Win, Tails You Lose

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Deuteronomy 28:1–6, 12-13 (NKJV)

1 "Now it shall come to pass, if you diligently obey the voice of the LORD your God, to observe carefully all His commandments which I command you today, that the LORD your God will set you high above all nations of the earth. 2 And all these blessings shall come upon you and overtake you, because you obey the voice of the LORD your God: 3 "Blessed shall you be in the city, and blessed shall you be in the country. 4 "Blessed shall be the fruit of your body, the produce of your ground and the increase of your herds, the increase of your cattle and the offspring of your flocks. 5 "Blessed shall be your basket and your kneading bowl. 6 "Blessed shall you be when you come in, and blessed shall you be when you go out.

— 12 The LORD will open to you His good treasure, the heavens, to give the rain to your land in its season, and to bless all the work of your hand. You shall lend to many nations, but you shall not borrow. 13 And the LORD will make you the head and not the tail; you shall be above only, and not be beneath, if you heed the commandments of the LORD your God, which I command you today, and are careful to observe them.

MAIN IDEA: Living up to my spiritual status in 2022 as “the head” and not “the tail” will require me to think and talk differently, which will result in taking charge of my life and choices.

Hebrews 8:6 (NKJV)

6 But now He has obtained a more excellent ministry, in as much as He is also Mediator of a better covenant, which was established on better promises.

But we are blessed with every spiritual blessing in Christ Jesus.

Ephesians 1:3 (NKJV)

3 Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ,

We have been redeemed from the curse of the law.

Galatians 3:13 (NKJV)

13 Christ has redeemed us from the curse of the law, having become a curse for us for it is written, "Cursed is everyone who hangs on a tree",

"If human emotions largely result from thinking, then one may appreciably control one's feelings by controlling one's thoughts—or by changing the internalized sentences, or self-talk, with which one largely created the feeling in the first place."

—Albert Ellis American psychologist and psychotherapist (1913-2007)

Proverbs 23:7a (NKJV)

For as he thinks in his heart, so is he.

—Heads You Win, Tails You Lose—

Stop _____ Yourself Out of a Better Life.

Romans 9:20 (NLT)

20 No, don't say that. Who are you, a mere human being, to argue with God? Should the thing that was created say to the one who created it, "Why have you made me like this?"

THREE DIRECTIONAL CONVERSATION

Outward to others

Upward to God

Inward to self

"The harmony between thought and reality can be found in the grammar of the language."

—Ludwig Josef Johann Wittgenstein, Austrian-British philosopher (1889-1951)

Proverbs 18:21 (NKJV)

21 Death and life are in the power of the tongue, And those who love it will eat its fruit.

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Stop _____ Yourself Out of a Better Life.

Isaiah 26:3 (NLT)

3 You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!

"In your thoughts, don't wander."

—Marcus Aurelius, Philosopher & Roman Emperor (161 AD—180 AD)

James 1:8 (NKJV)

8 he is a double-minded man, unstable in all his ways.

"Here is a rule to remember in the future, when anything tempts you to feel bitter: not 'This is misfortune,' but 'To bear this worthily is good fortune.'"

—Marcus Aurelius, Philosopher & Roman Emperor (161 AD—180 AD)

Genesis 50:20 (NKJV)

20 But as for you, you meant evil against me; but God meant it for good, in order to bring it about as it is this day, to save many people alive.

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Start _____ Yourself into a Better Life.

John 13:17 (ESV)

If you know these things, blessed are you if you do them.

James 2:17 (Complete Jewish Bible)

Thus, faith by itself, unaccompanied by actions, is dead.

“Character is fate.”
or
“Habit is destiny”
—Heraclitus (pre-Socratic Greek philosopher)

“If you can't do great things, do small things in a great way.”
—Napoleon Hill

“The impediment to action advances action.
What stands in the way becomes the way.”
—Marcus Aurelius, Philosopher & Roman Emperor (161 AD—180 AD)

ANSWERS:
1. TALKING
2. THINKING
3. ACTING