

Sermon Notes

Dr. Greg Ammons, Senior Pastor

DESIGN

Devastating Results

Proverbs 16:32 (ESV)

10 Results of Anger

1. **Anger Causes You to Act Like a Fool (14:17)**
2. **Anger Makes You Lack Understanding (14:29)**
3. **Anger Causes You to Act Shamefully (14:35)**
4. **Anger Stirs Up Strife (15:18)**
5. **Anger Causes You to Lack Good Sense (19:11)**
6. **Anger Brings Consequences (19:19)**
7. **Anger Makes You Difficult to Live With (21:19)**
8. **Anger Costs You Friendships (22:24-25)**
9. **Anger Leaves You Vulnerable (25:28)**
10. **Anger Causes You to Sin (29:22)**

Proverbs 16:32 (ESV)

Whoever is slow to anger is better than the mighty, and he who rules his spirit than he who takes a city.