

# Sermon Notes

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Starting the New Year Right  
(How Not to Worry in 2024)

Matthew 6:31-34 (ESV)

1. Learn to Live One Day at a Time
2. Learn to do One Thing at a Time
3. Learn to Give God the Best of Your Time
4. Learn to Trust God the Rest of the Time

## Matthew 6:31-34 (ESV)

<sup>31</sup> Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' <sup>32</sup> For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. <sup>33</sup> But seek first the kingdom of God and his righteousness, and all these things will be added to you. <sup>34</sup> "Therefore do not be anxious about tomorrow, for tomorrow will be anxious for itself. Sufficient for the day is its own trouble.