



May 12/13, 2018

## Sermon Title: You Were Made for This

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Scripture: There is therefore now no condemnation to them which are in Christ Jesus, who walk not after the flesh, but after the Spirit. [Romans 8:1]

1. We must **renounce** guilt in order to receive the **blessings** of God.
2. 94% of **mothers** surveyed experienced **guilt** for one reason or another.
3. The enemy coaxes us to **trust** ourselves and our abilities instead of **trusting** God. (Proverbs 3:5-6)
4. We fail miserably when we see **ourselves** instead of **God** as the expert.
5. He Is the **Son** that was sent to set us **free**, and that freedom means we are free #INDEED.
6. What God requires He **provides** for. [Pastor Rock]
7. There is purpose in your **pain** and God will **reveal** it in due time.
8. God holds both the **hand** and the **heart** of those who are in pain. (Psalm 34:18)
9. If you are still weeping in the **night**, look for the many glimpses of the **joy** that will come in the morning. (Psalm 30:5)
10. Remember to build and not **break**, lift and not **lower** and to be everything God has called you to be in the area of parenting.

**Growth Group Questions**  
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**WARM-UP**

1. How do you and/or your family celebrate Mother's Day?
2. Share a fond memory of your mom.
3. Describe your mom using one word.

**DISCUSSION**

1. What did you find most challenging, helpful, or troubling in the sermon today and why?
2. Do you struggle with excessive or unnecessary guilt? If so, define your struggle. What may be the root causes and how can you get free?
3. What has been your greatest joy and regret raising children or grandchildren?
4. Share about a time when you experienced joy that followed a season of weeping. (Psalm 30:5b)

**IN THE WORD**

Read some of the passages below and discuss their influence on today's message.

- Romans 8:34
- John 8:36
- John 3:18
- Proverbs 22:6

**PRACTICE**

1. If you're currently raising children, what would you like to do differently starting today?
2. Spend some time alone with God asking Him if you're unnecessarily holding onto any guilt from your past. What comes to mind?

