

# O R I G I N S

## Living Down or Up?

*Genesis 5*

1. As \_\_\_\_\_ is passed on and participated in,  
so also is \_\_\_\_\_.
2. We can only \_\_\_\_\_ the sin/death  
cycle by \_\_\_\_\_.

### Application:

- Is your life about living or  
\_\_\_\_\_?
- Are you prepared to face God and  
\_\_\_\_\_ for your life?

# MY APPLICATION

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or small group.

1. What became of Adam's family? Read Genesis 5:3-20. Contrast this with God's intent for humans in Genesis 5:1-2 and Genesis 1:26-31. How has sin affected the human race? See Romans 5:12.
2. What was different about Enoch? Read Genesis 5:21-24. Contrast the difference between "live" and "walk with God" in these verses. How would you describe the difference as you think about life in Eden with God versus life outside Eden under the curse? See Genesis 3:17-19.
3. What do we learn about Enoch in Hebrews 11:5-6? What does walking with God look like today? Ponder Jesus's words in Matthew 6:31-33. Are you ever tempted to dismiss them as impractical? Discuss this.
4. If you knew you would be face-to-face with Jesus in the next year, is there anything you would change? What would keep you from making that change now? As a follower of Jesus, how will you emerge from this pandemic?

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## MEMORY VERSE

*"And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him."*

*Hebrews 11:6*