

## Running from God Jonah 1

7	When we run from Goo	d life gets worse

3. When we run from God, God still works.

1. When we run from God, we run from life.

## **MY APPLICATION**

Use the following questions this week to reflect on what it would mean to align yourself with the truths taught in Scripture. Each question is meant for both personal reflection and as a catalyst for discussion with your family, friends, or small group.

- 1. Can you think of a time when you ran from, or avoided, what God was calling you to do? What were the circumstances and why do you think you ran?
- 2. Read Jonah 1:1-5. What stands out to you from these verses? Has God ever asked you to reach out to someone you didn't personally like? What did you do?
- 3. Read Jonah 1:6-13. As Jonah continues to run, list all the ways you see his life and the lives around him impacted. Has there been a time when your life didn't match your beliefs? How did you realize this was the case?
- 4. Read Jonah 1:14-17. God still used Jonah to reach the sailors. Can you think of a time when God used you to make an impact in someone else's life?
- 5. Is there an area in your life where God is calling you to do something for him? What would it look like to obey in this season? Dream a little. What could God do if you fully obeyed? Could this include participating in Great Adventure week?

## **MEMORY VERSE**

"The word of the Lord came to Jonah son of Amittai: "Go to the great city of Ninevah and preach against it, because its wickedness has come up before me."